

PGDCBM-01
Assignment -01
FUNDAMENTALS OF PSYCHOLOGY

- Q 1 Define the concept of memory with its types in detail.
- Q 2 Motivation and Emotions are component of cognition. Evaluate.
- Q 3 Explain forgetting and evaluate Hermann Ebbinghaus contribution in the field.

PGDCBM-01
Assignment-02
FUNDAMENTALS OF PSYCHOLOGY

- Q 1 Explain in detail various methods along with their merits and demerits employed by researchers to study psychology.
- Q 2 Differentiate among Trial & Error Learning, Insight Learning, Classical Conditioning and Instrumental Conditioning from its procedural perspective. Substantiate your answer with at least one example and one application of each learning type.
- Q 3 Discuss the contribution of Gestalt school of thought in defining perception with special focus on laws of perceptual organization.

PGDCBM-02
Assignment -01
PERSONALITY

- Q 1 Explain with suitable examples dispositional & Behavioural theories of personality.
- Q 2 Trace the contribution of MMPI in assessing psychological traits and psychopathology since its inception.
- Q 3 Examine the *personality* from Dispositional, Psychoanalytic, Behavioural and Cognitive perspective.

PGDCBM-02
Assignment -02
PERSONALITY

- Q 1 Define the determinants and nature of personality.
- Q 2 Discuss the personality theories proposed by Carl Rogers and Albert Bandura and explain their application in real life.
- Q 3 Critically evaluate psychometric tools (Projective and Non-projective) of personality assessment.

PGDCBM-03
Assignment -01
GUIDANCE & COUNSELLING

- Q 1 “Counselling and Guidance are the most misused term in academics”. Evaluate this statement from the viewpoint of psychological counselling and guidance.
- Q 2 “Case study method is an effective counselling technique” validate this statement by carrying out *case study* on a child of who need guidance regarding selection of subjects after 10th class.
- Q 3 Discuss the scope of application of guidance and counselling in context of modern times.

PGDCBM-03

Assignment -02
GUIDANCE & COUNSELLING

- Q 1 Examine the concept of Transference and Countertransference with suitable example.
- Q 2 Evaluate the techniques of Psycho-diagnosis & Case Study and concerned ethical considerations.
- Q 3 “Educational and Vocational Counselling is need of the hour”. Explain this statement and devise a ‘Crisis Intervention Technique’ of vocational counselling.

PGDCBM-04
Assignment -01
PSYCHOLOGICAL TESTING

- Q 1 Explain the concept of psychological testing, its major areas of application and ethical issues.
- Q 2 Define the following (in 200 words each).
- (a) Norms
 - (b) Norms preparation procedure
 - (c) Purpose of norms
 - (d) Importance of norms
 - (e) Why norms are designed
 - (f) Precautions to be observed while devising the norms
 - (g) Standardisation procedure of norms
- Q 3 Explain Intelligence and Mental health also examine the correlation between the two.

PGDCBM-04
Assignment-02
PSYCHOLOGICAL TESTING

- Q 1 Examine the development of “Psychological Testing” in the historical context.
- Q 2 Discuss in detail the relevance of defining psychometric properties of a test along with suitable examples and applications.
- Q 3 Summarize the measurement procedure of aptitude, attitude and interest test with special focus on Indian settings.

PGDCBM-05
Assignment -01
PSYCHOTHERAPY

- Q 1 “Electro Convulsive Therapy is the therapy of bygone era, it has no scope in today’s world”. Evaluate this statement from the humanistic perspective.
- Q 2 Explain ‘Stress Inoculation Therapy and Milieu Therapy’ with special reference to use of information technology tools.
- Q 3 Prepare a report on *Community Mental Health Program* and *Community Psychiatry*.

PGDCBM-05
Assignment-02
PSYCHOTHERAPY

- Q 1 Critically examine the role of biological therapies in curing the psychological problems.

Q 2 Define Rational Emotive Therapy (RET) and Cognitive Behaviour Therapy (CBT) and explain in detail the complete procedure of administering these therapies.

Q 3 Throw some light on the current mental health status of India and also provide relevant data, figures, charts and graphs.